Program Outline



LESSON 2:











Important NOTES:

- One program session takes 45-50 minutes
- The program can be presented in individual classrooms, large groups or in an assembly format depending on how you wish to fit it into your school's schedule and the amount of students to whom you wish to present it to at one time. The program will take longer for larger groups because of the logisical details for two of the activities (#6 and #7). EVERY SCHOOL IS DIFFERENT, please use and adjust the program how it best works for you!
- After the program is complete, you will be asked to fill out a post survey and send a photo taken from the program. We appreciate your participation. That's all we ask!

Below is the program outline. After registering, you will be emailed a more detailed program curriculum with facilitator instructions for each of the program elements below along with the necessary materials and handouts. Separately, you will be shipped the necessary physical materials.

General Program Outline:

- 1. Introductions & Welcome
- 2. Reflection: What is Kindness?
- 3. Video Presentation
- 4. Visioning Exercise
- 5. The Quarreling Book & Group Discussion
- 6. Kindness Chain Activity
- 7. Coloring Activity
- 8. Closing



For questions, please contact Amanda or Mary Alice at the Project Love office, 440.442.5683.